

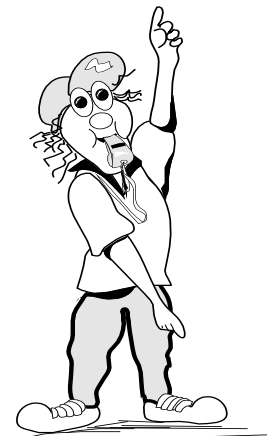


CHELMSFORD & DISTRICT JUNIOR NETBALL LEAGUE

HANDBOOK

2025-2026

40th
Anniversary
Season



www.chelmsfordjuniornetballleague.co.uk

OFFICERS FOR 2025 - 2026 SEASON

PRESIDENT:

TBA

VICE-PRESIDENT

TBA

HONORARY MEMBERS

Dawn Bullimore
Mandy Hales
Vanessa Rooke
Ann Munson
Claire Broadbent

Carol Clark
Jackie Webb
June Hart
Beryl Webb

CHAIR

Helen Preston

☎: 07455 334117

✉: chair@chelmsfordjuniornetballleague.co.uk

VICE-CHAIR

Trudy Jones

☎: 07912 158080

✉: trudyjones1969@icloud.com

LEAGUE SECRETARY

☎: **Mary Martin**

07712 312282

✉: secretary@chelmsfordjuniornetballleague.co.uk

ASSISTANT LEAGUE/FIXTURES SECRETARY

Emily Brown

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✉: egbrown1994@gmail.com

REGISTRATION SECRETARY

Vicky Newman

☎: 07902 389323

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FIXTURES SECRETARY

Sam Austin

☎: 07809 685745

✉: ChelmsfordJuniorFixtures@outlook.com

TREASURER

Mandy Hales

☎: 07884 496161

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SAFEGUARDING OFFICER

Trudy Jones/Mandy Hales

Contact Details Above

U10 DEVELOPMENT LEAGUE SECRETARY

Chris Worrall

☎: 07941 527021

✉: chrisworrall54@yahoo.co.uk

COMMUNICATIONS SECRETARY

Vanessa Rooke

☎: 07752 434734

✉: vanessarooke@aol.com

SOCIAL SECRETARY

Lisa Homer

☎: 07900 287561

✉: lisahomer25@icloud.com

OFFICIATING LEAD

Maisie Trigg

☎: 07597 380399

✉: mimrtrigg@gmail.com

CONSTITUTION

1. The League shall be called the Chelmsford & District Junior Netball League.
2. The purpose of the Junior League is to provide and promote junior netball in a competitive and friendly manner.
3. The administration of the Junior League will be by a committee, which is elected at the Annual General Meeting.
4. A representative from each club shall attend the AGM. Non-attendance will result in a £15 fine.

Clubs will be entitled to one vote per team represented.

5. The Committee will comprise of: Chair, Vice-Chair, League Secretary, Assistant League/Fixtures Secretary, Registration Secretary, Fixtures Secretary, Treasurer, Safeguarding Officer, U10 Development League Secretary, Communications Secretary, Officiating Lead and Social Secretary.

The Committee has the power to co-opt further members as the need arises.

6. No Committee Member shall remain in any one position on the Committee for more than nine consecutive years.
7. Committee meetings will be arranged by the Chairperson as and when necessary. A quorum for a committee meeting shall consist of 6 members.
8. The Junior League's bank will be Lloyds (formerly TSB).
9. Cheques must be signed by any two officers in accordance with the Bank's mandate.
10. The financial year of the Junior League will be 1st May to 30th April.
11. An independent accountant shall be appointed to inspect and scrutinize the League's accounts annually.
12. Rules as per Chelmsford & District Junior Netball League shall apply.
13. In the event of the Junior League winding up, any monies shall be donated to a charity or organisation dealing with youth to be named by the Committee in liaison with the Senior League.
14. Any participant wishing to play in the Chelmsford & District Junior Netball League must be a member of England Netball before playing.

RULES 2025 - 2026

1. All games shall be played to England Netball Rules/Guidelines with the following exceptions:

Clubs are asked to remind all players that these rules include:

- No jewellery (except a covered Medi-Alert bracelet)
- No taped earrings
- No friendship bracelets
- Nails to be short and smooth
- Gloves with medical certificate
- Taped Dermal Piercing with medical certificate
- A Dexcom monitor on the arm to measure blood sugars covered by an appropriate arm band

2. **League Rules**

- 2.1 A League Entry Fee of £40.00 per team shall be paid prior to the start of every season. This is a non-refundable payment.
- 2.2 All new team entries will be automatically placed in the lowest division within that age group. However, a new team may request an assessment into a higher division.

3. **Venues**

- 3.1 All matches will be played at a League designated venue. The League will be responsible for booking courts. Clubs will be billed for League matches court hire annually on 30th September.
- 3.2 Beaulieu Lettings require 48 hours' notice to cancel a court. Failure to give 48 hours notice will result in the court costs being payable by the team cancelling the game.

4. **Duration of Matches**

- 4.1 Matches will be 4 x 10 minutes. The 1st and 3rd intervals shall be 2 minutes with 3 minutes at half time. Umpires are instructed to ensure that all clubs adhere to these times.
- 4.2 Persistent lateness should be brought to the attention of the Committee, and this will be dealt with accordingly.
- 4.3 All stoppages for illness/injury or blood on a player will be up to 2 minutes and the player concerned must leave the court. For more serious injuries, umpires may extend the time for the player to leave the court.
- 4.4 There will be a fifteen-minute break between matches to allow ease of traffic movement on and off the site.

5. **Playing Qualifications**

- 5.1 The Junior League age groups follow the school calendar, starting on 1st September and finishing 31st August.
- 5.2 For the Winter Season 2025-2026, Year 7s and above will be an all-female league.

Years 6 teams will be eligible to play 7 a-side netball and will be permitted to name three Year 6 boys within their match squad but only two boys may play on court at any one time.

In addition, a maximum of three Year 5 girls or Year 5 boys may be registered in a Year 6 team to play full rules. The maximum number of Year 5 girls or Year 5 boys in any match would be three, however only two boys may play on court at any one time. Any Year 5 girls or Year 5 boys playing up in the Year 6 team would be allowed to play on a maximum of two occasions. Those Year 5 girls or Year 5 boys registered for a Year 6 team are not eligible to play in the U10 development league.

For the Winter Season 2025/26 Years 3, 4 and Year 5 players will be eligible to play in the U10 Development League.

6. **Player Registration**

- 6.1 £1 registration fee per player must be paid at the time of submission of Master Registration Sheets. For additional registrations during the season, the £1 fee must be paid at the time of the new player's details being submitted to the Registration Secretary.
- 6.2 All players must be registered with the League prior to the start of any League match. Additionally, at least 7 players must be registered per team.
- 6.3 The Registration Secretary will receive copies of the U10 Development League team's registration forms prior to the start of the U10 Development League and will be advised of any additional player registrations by the U10 Development League Secretary during the season to ensure that all U10 Development League players who play up for a Year 6 team in the League are eligible to play. Any U10 Development League player who plays up in the main 7-a-side league must have the correct registration papers. Only Year 5 players may play up for a Year 6 team.
- 6.4 In the case of late registrations, provided that the completed registration is received by the Registration Secretary in writing (post or email) by 5pm on Wednesday, then that player will be eligible to play on the following Saturday subject to clause 6.5 below.
- 6.5 The Registration Secretary will acknowledge receipt of the relevant documents within 48 hours.
- 6.6 A player may not play for a lower team than that stated on her registration form.
- 6.7 A player may only be registered to play in one age group or for one Club.
- 6.8 Final registration date is 1st March in the relevant playing season. Any requests for registration after this date must be addressed to the Committee in writing for consideration.
- 6.9 A player may only play for a higher team on 5 occasions. On the 5th occasion she will become a member of the next highest team in the Club that she plays for except when a player plays all five matches in the same higher team, in which case, she will become a member of that higher team regardless of its position in the club's order of teams. She will no longer be allowed to play for any other team in that season. Clubs will be notified by the Registration Secretary when the player has played up on the 4th occasion. Clubs will also be responsible for keeping a record of play-ups of their players.

Penalties for Infringements to Registration Rules

In the event of a team playing an unregistered player, the non-offending team(s) will be awarded the match points, plus the goals they have scored. The offending team(s) will lose any goals scored and will be fined £10 for each unregistered/ineligible player. In the event of both teams playing unregistered players, the game is declared void with no points or goals being awarded to either team. In addition, both teams will be fined £10.

7. Player Transfers

- 7.1 (a) A player may request a transfer to a new club up to the date for final registrations (Rule 6.9). The transfer procedure is as follows:
- the Club holding the player's registration completes a League Transfer Form, gives this to the transferring player who in turn passes to her new Club's Registration Secretary.
 - the new Club completes a new player Registration Form and submits this together with the Transfer Form to the Registration Secretary.
 - the Registration Secretary acknowledges receipt of the relevant documents.
- This procedure must be completed PRIOR to the transferring player being eligible to play for her new club.
- (b) Any player transferring between teams/clubs during the season will carry over their playing up record from their previous team/club which the Registration Secretary will confirm in writing.
- 7.2 In the event of a Team or Club withdrawing from the League for whatever reason during the season, those players can transfer to other teams/clubs with the permission of the Committee but must re-register following the registration rules as set out above, even if the registration deadline has passed. All transferring players will carry over their playing up record.

Penalties for Infringements to Transfer Rules

In the event of a team playing an unregistered player, the non-offending team(s) will be awarded the match points, plus the goals they have scored. The offending team(s) will lose any goals scored and will be fined £10 for each unregistered/ineligible player. In the event of both teams playing unregistered players, the game is declared void with no points or goals being awarded to either team. In addition, both teams will be fined £10.

8. Umpires

- 8.1 All teams must provide a suitably qualified umpire for all matches.

At the start of the season, all umpires holding the C award or above, must have attended a Game Management course organised by a County Association in the previous 24 months unless they have completed an EN umpiring course or a successful assessment during the previous season. To be eligible to officiate in the league, every C award, or above, umpire must forward a copy of their current Game Management course certificate to the Officiating Lead at the start of the season.

In addition to this, all U18 IQ umpires will be offered an Effective Management Session which will be run by the Chelmsford Junior League prior to the start of a season.

8.2 For the season 2025-2026, the umpires shall have the following qualifications:

Year 10/11 - All teams	-	C Award or above
Year 9 - All teams	-	C Award or above
Year 8 – Division 1	-	C Award or above
Year 8 – Division 2	-	Into Officiating Award or above
Year 7 - All teams	-	Into Officiating Award or above
Year 6 - All teams	-	1 Trainee Umpire* or above

*A trainee umpire may be used by the home team. The other umpire must be IO or above.

Exceptionally, pre-assessed umpires of a lower qualification than that required may be used on games selected by the Officiating Lead for umpiring assessments.

Penalty for non-supply of suitably qualified umpire

Fine £10.00 for offending team

There will be no allocation of umpires by the League.

When a league fixture is cancelled both teams must ensure that they notify their umpire as well as the Fixtures Secretary. Failure to do so will result in the team paying the umpires fees.

8.3 The Chelmsford & District Junior Netball League recommends expenses for umpiring to be £15.00.

8.4 The Chelmsford & District Junior Netball League recommends that umpires only cover two games in a row and then take a game break before continuing with further games.

8.5 Teams must confirm with their umpire no later than 24 hours before the game. If an umpire arrives more than five minutes late or fails to turn up for a match, BOTH the team and the confirmed umpire MUST advise the fixtures secretary in writing (email) within 48 hours, clearly stating the exceptional reason for non-attendance. This will then be discussed by the committee and consideration be given as to whether a rearrangement takes place.

9. **Scorers**

9.1 All teams in Years 7 and above must provide a scorer for all league matches. It is advised that the scorers for these matches stand together in a place requested by the umpires.

9.2 Scorers must refrain from coaching during match play.

10. **Result Cards**

10.1 Clubs are responsible for the accurate completion of a result card detailing the following information:

- Date of match
- Age group of team

- Division (if applicable)
- Club name and Team name
- Opposition Club and Team name
- Players full name - clearly printed (in **BLOCK CAPITAL LETTERS**)

All the above must be completed PRIOR to the match to minimise delays to the umpires and the following games.

At the end of a match the umpires will complete the score and print their name and affiliation number on both result cards.

It is the responsibility of each team to place the results in the Result Box attached to the fence at the appropriate venue.

- 10.2 The Registration and Fixture Secretaries will deem the information written on the result card to be correct. No correspondence will be entered into to rectify any mistakes, unless it is to resolve a difference between the score information on both result cards. However, if both umpires agree, in writing, to the Fixtures Secretary that a mistake has been made and they confirm what the score should have been then that revised score will be allowed to stand.

Penalty for incorrect completion of result cards

Fine £10.00 - to be advised at time of offence

- 10.3 In the event of one team not attending on a match day, the non-offending team (i.e. the team at the designated venue) must complete their result card as above, and instead of the score, insert the words "opposing team did not attend" and post in Result Box. In addition, the non-attending team (if they had not previously advised their opponents of the cancellation) will reimburse the non-offending team with their expenses up to a sum of £15.

11. Rearrangements

- 11.1 No rearrangements allowed except:

- Extreme weather conditions (as decided by a committee representative after on-site court visit).
- Matters outside League control (e.g. facilities becoming unavailable).
- The consideration to cancel matches for extreme weather conditions will be made hour by hour.

- 11.2 Fixtures are to be set considering any potential clashes including:

- 11-plus exam (Year 6 League)

Any club that has knowledge of any potential date clashes must inform the Fixtures Secretary no later than 31 July (prior to the start of the season), thereafter no allowance will be made for any date clashes.

Should a team be affected by qualification of a School Team for the National Finals/Regional rounds (two or more players), they should contact the Fixtures Secretary and due consideration **may** be given for a fixture re-arrangement.

Any team that has entered the ERYL National Clubs U14 or U16 competition or players that are part of the selected squad for the county or satellite festivals, or Super League

franchises (two or more players) may ask for a re-arrangement if the fixtures are scheduled on the same day as a Junior League match. They should contact the Fixtures Secretary no later than 4 weeks prior to the festival/tournament dates and a new date will be given for a fixture rearrangement.

12. **Results**

12.1 Points will be awarded as follows:

Win	5 Points
Draw	3 Points
Lose	2 points to losing team where 5 or fewer goals separate a team 1 point to a losing team where they score 50% or more of the winning teams' goals
Forfeited games	5 points to non-offending team

12.2 League positions will be decided on points. In the event of a tie on points, goal difference will apply. If the goal difference is the same, then goals scored will be the deciding factor.

12.3 **Cancelled/forfeited matches**

- Where a team cannot fulfil their fixture, they must, in the first instance, inform the Fixtures Secretary and then the relevant opposition Team Manager.
- Any team cancelling three league matches will be withdrawn from the League.

13. **Team Withdrawals**

13.1 Where a team withdraws from the League all their results will be null and void.

13.2 Where a club is permitted a third team in an age group and then withdraws them, they cannot then automatically be given a third team the following year. These clubs will need to reapply requesting a third team at the discretion of the committee.

14. **Club Responsibilities**

14.1 Clubs are reminded that they are expected to abide by the England Netball Child Protection Procedures and Policies, Codes of Conduct and Disciplinary Procedures.

14.2 All Junior Clubs participating within the league must have a named club safeguarding officer and a lead coach who must be over 18 and cannot be the same person. The Club's Safeguarding Officer and Lead Coach are to be listed on Engage and be DBS checked through England Netball.

14.3 In addition to the League Rules, clubs are reminded that they have a responsibility in all matches to:

- Supply a match ball (size 5).
- Wear clearly marked bibs (and have an alternative set in case of colour clash).
- Have available a First Aid Kit.
- Ensure their players wear suitable footwear.
- Make sure all players and spectators are familiar with England Netball Rules.
- Cut-off time for contacting teams and Committee Members (including cancellation of games) should be no later than 8.00pm.

14.4 All spectators should follow the code:

- Respect managers, umpires and players - both your own team and the opposition.
- Spectators are not permitted onto the court area.
- There will be no offensive language, remarks or behaviour.
- **NO** dogs must be brought to any League designated venue.
- **NO** Smoking/Vaping on school grounds.
- Litter and lost property, including water bottles, is to be removed by all clubs.

14.5 To aid administration for both Clubs and the Registration Secretary we would recommend that all Clubs register all players at the start of the season.

15. **Miscellaneous**

15.1 All fines must be settled by the League's AGM.

Penalty for non-payment of Fines

The committee may consider suspending a Team.

15.2 A breach of any rules not covered by a specific penalty will be dealt with at the discretion of the committee.

15.3 One named individual representative from each club can be sent to observe at a committee meeting in a non-voting role.

15.4 Chelmsford & District Junior Netball League adopts England Netball's policy for taking and use of photographic and recorded images of Young People.

A video request form, found on the website, must be completed on the day, signed by representatives of both teams and umpires and handed/emailed to the League's Safeguarding Officer. All other instructions on the form must be completed.

No photographs to be taken on match days, only team photographs with permission from the Team Manager/Coach and to make sure that no other Young Persons are in them.

16 **Match Protocols**

- **Players** must always be respectful towards their peers, coaches, umpires and spectators.
- **Coaches** are required to be responsible for all the players in their care. They are also responsible for their own spectators. If they have a concern about a player or spectator on the opposing team they need to inform the opposition coach, for them to deal with.
- **Umpires** are required to manage the game and any on-court behaviour.
Umpires should be respected by coaches, players and spectators always; they are human and make mistakes, no decision is intentional.
- **Spectators** are encouraged to show support in a positive manner only. They are reminded that this sport is for the players allowing them to participate in a safe and secure environment. No photos of individual players are allowed, only group photos with permission from team.
- **Players, coaches, umpires** and **spectators** should all show respect to members of the committee who are only doing their job to ensure the smooth running of the League for everyone.

COMPLAINTS PROCEDURE

Every player involved in the sport of netball has a responsibility to themselves, their team, their club and the umpires, to behave in a sporting manner and not to bring the game into disrepute. CDJNL is committed to providing a supportive, friendly, safe and positive environment free from offensive behaviour.

Umpires have full control of the game and International Netball Federation rules apply.

If a player has a complaint against another player this must be brought to the attention of the umpires during the game. If it cannot be resolved within the game, then a formal complaint must be made in writing by the team's Safeguarding Officer, who must also have attended a Time to Listen course (can be emailed) to the League's Safeguarding Officer within 3 days.

Complaints regarding any team, umpire or supporter must be made in writing to the League's Safeguarding Officer, within 3 days from the game taking place.

All complaints will be acknowledged, and the League's Safeguarding Officer will request information from all parties concerned.

Initially all complaints made to the League's Safeguarding Officer will be heard by the Committee at their next meeting. No committee member will be in attendance if the complaint is about them or the club for which they are a member.

Once a formal complaint has been received about a player, team, spectator or umpire, the Committee will discuss and take the following action:

- (a) no case has been made, then no further action; and
- (b) if the case has been upheld then the Committee will determine the action to be taken and a response will be sent within 7 days of the committee meeting.

Any matter which relates to discipline will be dealt with under the procedures set out in England Disciplinary Regulations Manual.

- (a) The complainant must set out in writing the grounds for the complaint and full details of the alleged Disciplinary offence or other conduct that gives rise to the complaint. This formal written statement must be sent to the England Netball Compliance Manager.
- (b) A complaint should be sent within 28 days of the alleged incident or of the Complainant becoming reasonably aware of the incident, to the Compliance Manager.
- (c) On receiving a complaint, the Compliance Manager shall first determine whether England Netball has the jurisdiction to deal with it under the Disciplinary Regulations and will send an acknowledgement along with the jurisdiction decision to the Complainant within 5 days of receipt of the complaint.

TEAM CONTACT DETAILS 2025-2026

Club: BRAINTREE YOUTH NC			
Colours:	Skirt:	Tops:	Bibs: White/Pink Dress: Navy/Pink
Team:	Manager/Contact:	Tel/Mob No:	Email
Jades	Lisa Homer	07900 287561	bync.secretary@gmail.com
Sapphires	Lisa Homer	07900 287561	bync.secretary@gmail.com
Panthers	Lisa Homer	07900 287561	bync.secretary@gmail.com
Tigers	Lisa Homer	07900 287561	bync.secretary@gmail.com
Rubys	Lisa Homer	07900 287561	bync.secretary@gmail.com
Opals	Lisa Homer	07900 287561	bync.secretary@gmail.com
Diamonds	Lisa Homer	07900 287561	bync.secretary@gmail.com
Pearls	Lisa Homer	07900 287561	bync.secretary@gmail.com
Jets	Michele Quaife	07970 203091	michelequaife@hotmail.com
Ambers	Lisa Homer	07900 287561	bync.secretary@gmail.com
Corals	Lisa Homer	07900 287561	bync.secretary@gmail.com
Crystals	Lisa Homer	07900 287561	bync.secretary@gmail.com

Club: BROOKSHAW STUART NC			
Colours:	Skirt:	Tops:	Bibs: Orange/Black Dress: Orange/Black
Team:	Manager/Contact:	Tel/Mob No:	Email
Cola	Kate Innocent	07968 018249	kateinnocent@hotmail.com
Gini	Kate Innocent	07968 018249	kateinnocent@hotmail.com
Cresta	Dawn Dunning	07527 532727	dawn@brookshawstuartnetballclub.co.uk
Pepsi	Dawn Dunning	07527 532727	dawn@brookshawstuartnetballclub.co.uk
Lilt	Trina Ayre	07729 606782	trina@brookshawstuartnetballclub.co.uk
Tango	Louise Everard	07703583528	louise@brookshawstuartnetballclub.co.uk
Kia-Ora	Faye McSweeney	07795 093494	faye@brookshawstuartnetballclub.co.uk
Sprite	Faye McSweeney	07795 093494	faye@brookshawstuartnetballclub.co.uk
7 UP	Marianne Clare	07900 384266	marianneclarke37@gmail.com
Fanta	Trina Ayre	07729 606782	trina@brookshawstuartnetballclub.co.uk
Oasis	Martin Forrester	07900 680370	martin@brookshawstuartnetballclub.co.uk
Tizer	Martin Forrester	07900 680370	martin@brookshawstuartnetballclub.co.uk

Club: CHELMSFORD NC			
Colours:	Skirt:	Tops:	Bibs: Mauve/Blue Dress: Mauve/Blue
Team:	Manager/Contact:	Tel/Mob No:	Email
Cougars	Helen Preston	07455 334117	helenpnetball@gmail.com
Cosmics	Vicky Kyriacos	07557 872587	victoria.kyriacos@gmail.com
Colts	Vicky Kyriacos	07557 872587	victoria.kyriacos@gmail.com
Capri	Jacqui Wilks	07775 811189	jacqui79@me.com
Chicks	Tracey Bacon	07799 768866	tracey11666@btinternet.com
Chipmunks	Tracey Bacon	07799 768866	tracey11666@btinternet.com
Cupids	Helen Preston	07455 334117	helenpnetball@gmail.com
Crystals	Helen Preston	07455 334117	helenpnetball@gmail.com
Cavaliers	Helen Preston	07455 334117	helenpnetball@gmail.com

Club: CONQUERORS NC			
Team:	Manager/Contact:	Tel/Mob No:	Email
Apaches	Jules Wright	07976 209689	Juleswright68@yahoo.co.uk
Cyrus	Jo McConnell	07410 488477	Vicki.stone1975@outlook.com
Mohawks	Trudy Jones	07912 158080	trudyjones1969@icloud.com
Vikings	Louise Matthews	07866 996925	lematthews76@gmail.com
Pharoahs	Vicki Stone	07902 389323	Vicki.stone1975@outlook.com
Zulus	Lousie Matthews	07866 996925	lematthews76@gmail.com
Incas	Sam/Gemma Consentino	07809 471374	Samsmall6@hotmail.co.uk
Iceni	Tracy Foley	07944 678665	thsfoley@hotmail.com
Amazon	Trudy Jones	07912 158080	trudyjones1969@icloud.com
Tomahawks	Sue McCarthy	07796 091010	Sue_mccarthy@gbtpa.com
Sargon	Vicky Sweeting	07765 155557	vsweets29@gmail.com
Zia	Ruby Stone	07843 969911	Vicki.stone1975@outlook.com

Club: DOLPHINS NC				
Colours:	Skirt:	Tops: Purple	Bibs: Purple/White	Dress: Purple/White
Team:	Manager/Contact:	Tel/Mob No:	Email	
Opals	Maisie Trigg	07597 380399	mimrtrigg@gmail.com	
Crystals	Maisie Trigg	07597 380399	mimrtrigg@gmail.com	

Club: EASTWOOD NC				
Colours:	Skirt: Purple	Tops: White	Bibs: White	Dress: Purple/ Black/ White
Team:	Manager/Contact:	Tel/Mob No:	Email	
Harriers	Philippa Pitts	07767 794353	Johnpitts112@gmail.com	
Kestrels	Philippa Pitts	07767 794353	Johnpitts112@gmail.com	
Kites	Philippa Pitts	07767 794353	Johnpitts112@gmail.com	
Hawks	Philippa Pitts	07767 794353	Johnpitts112@gmail.com	
Eagles	Paul James	07725 259884	pauljamestiling@yahoo.co.uk	
Falcons	Paul James	07725 259884	pauljamestiling@yahoo.co.uk	
Merlins	Sarah Bellamy	07717 738939	bells_1975@yahoo.co.uk	
Ospreys	Philippa Pitts	07767 794353	Johnpitts112@gmail.com	

Club: FLAMES NC				
Colours:	Skirt:	Tops:	Bibs: Red/Black	Dress: Black/Red
Team:	Manager/Contact:	Tel/Mob No:	Email	
Mistral	Jess Humphreys	07599 003947	jessiebun220205@gmail.com	
Typhoon	Jess Humphreys	07599 003947	jessiebun220205@gmail.com	
Hurricanes	Joanne Denton	07951 603092	Jodenton2010@googlemail.com	
Tornadoes	Joanne Denton	07951 603092	Jodenton2010@googlemail.com	
Monsoon	Debbie Fitzgerald	07889 541638	debfitzgerald1970@gmail.com	
Ice	Debbie Fitzgerald	07889 541638	debfitzgerald1970@gmail.com	
Sirocco	Mary Martin	07712 312282	maryflames@hotmail.co.uk	
Chinook	Mary Martin	07712 312282	maryflames@hotmail.co.uk	
Aurora	Mary Martin	07712 312282	maryflames@hotmail.co.uk	
Cyclone	Joanne Burgess	07936 716525	jojoflames@hotmail.co.uk	
Eclipse	Joanne Burgess	07936 716525	jojoflames@hotmail.co.uk	
Tempest	Bethany Martin	07739 920500	bethflames@hotmail.co.uk	
Fire	Bethany Martin	07739 920500	bethflames@hotmail.co.uk	

Club: HAWKSTONE NC				
Colours:	Skirt:	Tops: Purple	Bibs: Purple/White	Dress: Purple/White
Team:	Manager/Contact:	Tel/Mob No:	Email	
Hawkstone U12	Georgina Kochan	07789 727707 07739 564350	hawkstonescsdemy@gmail.com	
Hawkstone U13	Georgina Kochan	07789 727707 07739 564350	hawkstonescsdemy@gmail.com	

Club: INFINITY NC			
Colours: Skirt: Royal Blue		Tops: Royal Blue	
		Bibs: Orange	
		Dress: Royal Blue	
Team:	Manager/Contact:	Tel/Mob No:	Email
Aqua	Louisa Bowman-Dove	07976 816938	louisa@bowdove.co.uk
Ocean	Louisa Bowman-Dove	07976 816938	louisa@bowdove.co.uk
Sky	Louisa Bowman-Dove	07976 816938	louisa@bowdove.co.uk
Indigo	Louisa Bowman-Dove	07976 816938	louisa@bowdove.co.uk
Navy	Louisa Bowman-Dove	07976 816938	louisa@bowdove.co.uk
Royal	Louisa Bowman-Dove	07976 816938	louisa@bowdove.co.uk

Club: KATS NC			
Colours: Skirt:		Tops:	
		Bibs: Cerise/Black	
		Dress: Black/Cerise/Pink	
Team:	Manager/Contact	Tel/Mob No	Email
Twisters	Kim Watson	07788 887923	katsnc@outlook.com

Club: SWAN NC			
Colours: Skirt: Shirts:		Bibs: Black/Purple/White	
		Dress: Black/Purple/White	
Team:	Manager/Contact:	Tel/Mob No:	Email
U11 Black	Katie Evans	07531 920067	katieevans96@gmail.com
U11 Purple	Katie Evans	07531 920067	katieevans96@gmail.com
U12 Black	Suzie Carpenter	07930 246842	suzannethorogood@yahoo.co.uk
U12 Purple	Suzie Carpenter	07930 246842	suzannethorogood@yahoo.co.uk
U13 Black	Bev Bailey	07879 997013	bev.bailey1@icloud.com
U13 Purple	Bev Bailey	07879 997013	bev.bailey1@icloud.com
U14 Black	Becky Scott	07977 017359	drbec@hotmail.com
U14 Purple	Becky Scott	07977 017359	drbec@hotmail.com
U14 Orange	Becky Scott	07977 017359	drbec@hotmail.com
U16 Black	Julie Kay	07769 882670	Juliakay2612@gmail.com
U16 Green	Anna Sedgbeer	07956 869064	annasedgbeer@yahoo.co.uk
U16 Orange	Jane Diamond	07811 943560	jane_diamond@hotmail.com

Club: TEGATE NC			
Colours: Skirt: Navy		Shirts: Navy	
		Bibs: Green/Navy/White	
		Dress: Navy	
Team:	Manager/Contact:	Tel/Mob No:	Email
U11 Navy	Carol Bull Chris Worrall	07544 769059 07941 527021	info@tegatenetballclub.co.uk
U11 Green	Carol Bull Chris Worrall	07544 769059 07941 527021	info@tegatenetballclub.co.uk
U12 Navy	Carol Bull Chris Worrall	07544 769059 07941 527021	info@tegatenetballclub.co.uk
U12 Green	Carol Bull Chris Worrall	07544 769059 07941 527021	info@tegatenetballclub.co.uk
U13 Navy	Carol Bull Chris Worrall	07544 769059 07941 527021	info@tegatenetballclub.co.uk
U13 Green	Carol Bull Chris Worrall	07544 769059 07941 527021	info@tegatenetballclub.co.uk
U14 Navy	Carol Bull Chris Worrall	07544 769059 07941 527021	info@tegatenetballclub.co.uk
U14 Green	Carol Bull Chris Worrall	07544 769059 07941 527021	info@tegatenetballclub.co.uk
U16 Navy	Carol Bull Chris Worrall	07544 769059 07941 527021	info@tegatenetballclub.co.uk
U16 Green	Carol Bull Chris Worrall	07544 769059 07941 527021	info@tegatenetballclub.co.uk

UMPIRES CONTACT LIST

Name	Qual	Phone Number	Email Address	Club
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Jo Babbayan	Trainee	07495 063762	hellojobabbayab@gmail.com	Swan
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Lily Barrett	IO	07896 746268	Contact is 'mum' as U16	
Maggie Bowman	C	07954 148679	maggie@bowdove.co.uk	Infinity
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Kerry Bull	C	07519 827948	Kerrybull10@hotmail.com	Black Magic
Jo Burgess	C	07936 716525	jojoflames@hotmail.co.uk	Brookside
Kim Burt	C	07875 765907	info@tegatenetballclub.co.uk	Tegate
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Annabel Connett		Under 18		Conquerors
Michelle Cook	C	07980173867		Braintree
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Maya Swann	C	07368401613		
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Kim Watson	C	07788 887923	katsnc@outlook.com	Kats
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Chris Worrall	C	07941 527021	info@tegatenetballclub.co.uk	Tegate

CLUB SAFEGUARDING OFFICERS

Club	Name	Phone Number	Email Address
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Chelmsford	Jackie Webb	07788 711201	Jax.webb@tiscali.co.uk
Conquerors	Cheralyn Lewis	07785 611911	Cheralynlewis@mac.com
Dolphins	Emily Burrows	07793 128807	emilyburrows12@yahoo.co.uk
Eastwood	Tracey Butt	07760 443033	safeguarding@eastwoodnetballclub.co.uk
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Kats	Linda Gaine	07963 733486	linda.gaine@icloud.com
Swan	Amber Reilly	07534 521582	Amberl.reilly@outlook.com
Tegate	Carol Bull	07544 769059	info@tegatenetballclub.co.uk

UNDER 10 DEVELOPMENT RULES 2025/2026

The format will be two divisions: Year 5 Division 1, Year 5 Division 2

All games shall be played to England Netball Rules with the exceptions listed in the Chelmsford & District Junior Netball League Handbook.

The following additional rules agreed for Under 10 Development League are detailed below.

Under 10 Development League

- No jewellery (except a covered Medi-alert bracelet)
- No taped earrings
- No friendship bracelets
- Nails to be short and smooth

Under 10 Development League matches will run concurrently with Junior League matches. They will be played in the sports hall when it is available. There will be a separate playing schedule and league tables available via the Tournify App.

1. LEAGUE RULES

- 1.1 A League Entry fee of £30.00 per team shall be paid prior to the start of the season. This is a non-refundable payment.
- 1.2 Court fees will be invoiced as main league.

2. VENUES

- 2.1 All matches will be played at a League designated venue.
- 2.2 The League will be responsible for booking courts.
- 2.3 Clubs will be billed for League matches in September.
- 2.4 See rules 3.2 and 8.2 in main body of rules to view cancellation policies.

3. GAME DURATION

- 3.1 Matches will be 4 X 10 minutes (Total 40 minutes)
- 3.2 3 boys allowed in each team Only boys and girls in school years 4 and 5 are allowed to play in the Under 10 Development League.
- 3.3 All players should wear a bib denoting their position.
- 3.4 All stoppages for illness/injury or blood on a player will be up to 2 minutes and the player concerned must leave the court. For more serious injuries, umpires may extend the time for the player to leave the court.
- 3.5 Points are awarded as follows:
 - 5 points for a win
 - 3 points for a draw
 - 2 points if within 5 goals
 - 1 point if losing team score more than 50% of the opponents
 - Forfeited games 5 points to non-offending team.

4. UMPIRES AND SCORERS

- 4.1 The umpiring secretary will allocate trainee umpires on behalf of the home team. (Team named first on the fixture) the away team (named second on the fixture) must then source a suitably qualified umpire which must be IOA or above.
- 4.2 The CDJNL recommends fees for umpiring be £15.00 per match umpired. Teams will be responsible for paying the umpires.

- 4.3 If a league fixture is cancelled both teams must ensure that they notify their umpire. The team cancelling should also notify the U10 Development League Secretary
- 4.4 Each team to provide a scorer for the match. It is advised that the scorers stand together, and they may not coach.
- 4.5 A player may only play for a higher team on 3 occasions. On the 3rd occasion they will become a member of the next highest team. They will no longer be allowed to play for any other team in that season. Clubs will be notified by the U10 secretary when the player has played up on the 2nd occasion. However, clubs will also be responsible for keeping a record of play-ups of their players.

5. PLAYER REGISTRATION AND RESULT CARDS

- 5.1 All teams must register players prior to the start of the League; this to be done by completing the U10 Development League registration form. Additionally, at least seven players must be registered per team. Refer to CDJNL rules 6.2 – 6.8 and 7 for all registration rules and penalties.
- 5.2 Clubs are responsible for the accurate completion of a result card (Green) detailing the following information:
 - Date of match
 - Age group of teams
 - Division (if applicable)
 - Club name and Team name
 - Opposition Club name and Team name
 - Players full name - clearly printed (preferably in BLOCK CAPITAL LETTERS)

All the above must be completed PRIOR to the start of a match and handed to the umpires. Umpires are instructed not to start a match without this information. At the end of a match the umpires will complete the score and print their name and affiliation number on both result cards. Failure to complete the score card correctly will result in a penalty (see CDJNL rules 10.1 to 10.3).

- 5.3 Each club will be responsible to take a photo of both sides of their green score card. They will then be required to send the image via: WhatsApp or by email to Chris Worrall U10 Secretary. This must be received by 5:00pm on following Monday. PLEASE DO NOT SEND score cards on the U10 WhatsApp group.
- 5.4 Once cards and registration are deemed to be correct the results and league tables will be updated on Tournify.

For all other rules please refer to the League handbook.

DUTY OF CARE GUIDELINES

In line with England Netball specific Child Protection Procedures and Policies, and Codes of Conduct and Disciplinary Procedures (a full copy of which can be found on their website www.EnglandNetball.co.uk), the Chelmsford & District Junior Netball League offer the following suggestions to all teams:

- A copy of England Netball Child Protection Guidelines be available for all voluntary and parental helpers to refer to.
- Each team to have its own Child Protection Policy in place.
- A designated person within the club/team be available and approachable should the need arise.
- Secretaries/team managers/parental helpers to be aware of the position they are in, regarding what is considered acceptable behaviour whilst coaching or transporting their members.
- Spectators, parents, coaches etc should be aware of the difference between verbal encouragement and verbal abuse.

DATES FOR YOUR DIARIES

League Start Date	13 th September 2025
Presentation Evening	12 th June 2026
League AGM	9 th June 2026

www.chelmsfordjuniornetballleague.co.uk